



## Health Declaration and Consent of Minors

By signing this membership agreement I can confirm I understand the physical requirements for this activity and consider myself to be in good health and have an appropriate level of fitness to cope with this. I understand that if I have any doubts about my current health or level of fitness then it is my responsibility to seek advice from a trained medical practitioner before commencing or continuing to use the gym. Furthermore, I understand that if at any point my health or fitness changes then I should stop exercising and seek medical advice before continuing to use the gym.

Members under 16 are not permitted to use the services of the gym. Members over 16 but under 18 may use the services of the gym only with the written consent of his/her parents (guardians). In their consent, the parents (guardians) of a member under 18 shall confirm that the state of health of the underage member permits him/her to use the services of the gym and that the underage member has familiarized himself/herself with the regulations.

## TERMS AND CONDITIONS

### **1. General**

- 1.1 No Under 16's are allowed to use the gym.
- 1.2 All members must have their ID card to access the gym every visit. Members without their card will be refused entry. Members using someone else's card will face automatic suspension and disciplinary action.
- 1.3 Sports clothing and trainers must be worn in the gym. Gym staff have the right to deny members access if gym staff deem a members clothing to be inappropriate.
- 1.4 During busy periods, cardiovascular machines are subject to a 20 minute time limit.
- 1.5 During peak periods, gym staff maintain the right to deny access to members if staff deem the gym to be too busy.
- 1.6 Appropriate behaviour must be shown by all members when using the gym and its facilities. Any behaviour deemed to be unacceptable by gym staff will be dealt with in accordance with university polices.
- 1.7 All on campus sports facilities will comply with the university closure over holiday periods.
- 1.8 Lockers provided are only to be used when exercising and any content left in the lockers overnight will be removed and sent to security.



## **2. Equipment**

- 2.1 All equipment used must be wiped down once finished with.
- 2.2 All free-weight equipment must be returned to its original designated place after use.
- 2.3 Occasionally equipment will be out of order and deemed by gym staff as unsafe to use.
- 2.4 All members must ensure they use the equipment as instructed during their induction, any regular abuse of the equipment will result instant dismissal.

## **3. Health and Safety**

- 3.1 I understand a gym induction is available upon request.
- 3.2 I understand that if I am in any doubt about the safe use of the gym equipment / exercises I will approach a member of staff prior to use.

## **4. Membership**

- 4.1 Refund requests will be considered in line with our Sports Refund Policy.
- 4.2 All annual gym memberships will expire 12 months from joining date.
- 4.3 All 3 month gym memberships will expire 3 month from joining date.
- 4.4 All month memberships will expire after 31 days of joining date.
- 4.5 All day gym passes are for valid for 1 day.

## **5. For users of Mildmay Gym**

- 5.1 All members must sign in at reception to access the Functional Training area.
- 5.2 The Functional Training area will not always be available as this will depend on other demands of the sports hall. Staff reserve the right to stop use of this area at any time.

### **Gym Membership Privacy Notice**

**Who are we?** Sport and Active Anglia is part of Anglia Ruskin University (ARU) Higher Education Corporation.

**For what purpose do we use your data?** The information we obtain from you is for registering you as a gym member and is used to maximise the support that we provide. If you fail to provide all the information you may not be able to avail of all the support available.

**What is the legal justification?** You freely provide us with your agreement. If you don't provide your agreement we cannot contact you and offer support. The legal basis for processing your personal data is legitimate interests.

**What information do we collect about you?** Name, contact details, emergency contact details, gender, mode of study, course type and faculty.

**To whom do we disclose your information?** Sources of information include the information you've supplied in this form, the information held on the student database, ASTRA, and any further data we collect from you in connection with your participation as a gym member. The data is disclosed to ARU staff with a need to know in order to provide the services and support that have been offered.



**How long do we keep your information?** Gym membership records and [the majority of your personal data] are retained for the current academic year plus six-years. For further information please see the [University Retention of Records: https://web.anglia.ac.uk/anet/staff/sec\\_clerk/rec\\_man.phtml](https://web.anglia.ac.uk/anet/staff/sec_clerk/rec_man.phtml)

**How do we secure your information?** The University is committed to holding your data securely and uses information security best practice to transmit personal data. Data is held in accordance with the University's Information Security Guidelines.

**Contact details of the service** – If you need to contact us, change information or choose to opt out please email [active@anglia.ac.uk](mailto:active@anglia.ac.uk) or call 01223 698781

**ARU Data Protection Officer:** can be contacted at: [dpo@anglia.ac.uk](mailto:dpo@anglia.ac.uk)

**Your rights** – You have the following rights for your personal data: to withdraw consent at any time; to lodge a complaint with the Information Commissioner's Office Helpline 0303 123 1113 or [www.ico.org.uk](http://www.ico.org.uk); request a copy of your data from us; to request us to cease processing if you suffer damage or distress; to correct the data; to request us to erase your data; to restrict our data processing activities; request us to stop any direct marketing activities to you.

**Further information** on how your student personal data is used can be obtained from <https://www.anglia.ac.uk/privacy-and-cookies>